

Milady's Boudoir

(BY GWEN SEARS.)

Bath Should Be Taken Moderately—Everyday Etiquette—Proper Food for Your Child—Linen Suit for Little Girl—Striped Parasols, which Look Like Awning, Popular for Summer—For the Cook—To Make Curtains and Comforts.



Gwen Sears.

BATHS

There are baths, and baths of various kinds, for beauty's aid. Milk baths, cold baths, hot baths, mud baths, perfume baths, and salt baths, but one can safely feel that any kind of baths are good for one if taken in moderation.

The oil bath is excellent for one who is emaciated or poorly nourished, but a good massage should accompany it or the pores will be obstructed rather than nourished. The alcohol bath should be judiciously taken, otherwise great destruction of tissues will result.

Sea bathing has a healthful notion on the skin and the shock of the cold plunge is health-giving, providing one is in a condition to endure it. There is a great temptation, however, to remain long in the water, and most people regulate the time by their comfort, leaving when they feel cold. This is a great mistake. A bath of twenty minutes' duration is enough for an ordinary person.

Too little importance is attached to air baths. Our clothes are often of such textures and so arranged that but little air reaches the skin—thus depriving it of needed nourishment. A good air or sun bath is almost equal to a tub bath. In taking a sun bath one should be careful if practical, otherwise the clothing should be extremely light and loose and porous.

If it is not convenient for one to take a Turkish bath at the public places one may take a Russian bath at home. For this bath there are inexpensive cabinets, folding and stationary, made of cloth, tin or wood. A simple and easy method of taking a Russian bath on a small scale at home is to seat oneself unclothed on a cane-bottomed chair under which is a pan containing about one quart of water, resting on a lighted spirit lamp.

One should be enveloped in blankets from neck downward to the floor. The water in the pan can be replenished if necessary. Just how long one should continue this bath would be difficult to say. Usually the time is ten to twenty minutes after the perspiration has started.

If one drinks two or more glasses of water during the bath it aids in producing perspiration. After the bath one should lie down and cover with plenty of blankets. This will allow the process of perspiration to continue, but after ten minutes or so gradually remove blanket after blanket, which will allow one to resume a normal temperature gradually, and finish with a plunge in a tub of cool water, followed by a brisk rubbing.

EVERY-DAY ETIQUETTE.

"When calling on an ill friend who cannot be seen, should I send a card?" asked June.

"When making a call on a friend

or acquaintance who is ill and unable to see you, write in lead pencil on your card a phrase or a few words such as "To inquire." You should not expect to see in person the one on whom you are making this kind of call. "It is a formal courtesy," answered her aunt.

YOUR BOYS AND GIRLS.

If for any personal peculiarity little ones cannot eat eggs a little chicken, the white meat of fish, or one small chop may be given three times during the week. If, in deciding on any food the question "why give it?" is asked, instead of "why not give it?" the problem might be simplified and before deciding the problem it may be helpful to refer to the following lists:

FOODS THAT BUILD TISSUE AND EXCLUDE MEATS: Milk, eggs, chicken, fish, beans and peas (strained from skins), oatmeal, Graham and rye flours, corn meal, barley, wheat, macaroni, chocolate and good dried fruits.

Cereals also contain much starch, which, with a limited amount of sugar, supplies heat and energy, and from cereals and green vegetables and fresh fruits are also derived the necessary minerals for the building of good bones and teeth. Thus a varied diet is necessary to secure the required food principles and after their selection they must be presented as well cooked, carefully seasoned and tastily served dishes.

LITTLE GIRL'S SUIT.

A pretty linen suit for a little girl has a very short plaited skirt, with an upper part cut after the style of a Norfolk jacket but without a belt. Four large linen buttons fasten the suit from a tiny bow of black velvet at the neck to the skirt. Sleeves are elbow length. A tiny linen hat banded with black velvet could be worn to match the suit.

STRIPED PARASOLS.

Smart parasols which look like miniature awnings are to be had in various shades of black and white. These "awning" parasols will doubtless appear in other colors as the season advances. A parasol of very rich effect is the new Japanese parasol. The framework is so adjusted as to make this sun umbrella very flat and Japanese in line. The silk covering is plain, but the shade may be as rich as you wish. The border of the parasol is hemstitched, and upon the double fold are worked tiny Japanese characters in gold thread, two to a row.

FOR THE COOK.

Hamburg steak can be creamed exactly as dried beef is, and it is really delicious.

Try frying fish in fat that has been saved from former frying; the flavor will be very much improved. When a vegetable has lost its firmness, soak it in very cold water until it is crisp and plump.

Grapefruit is delicious served on lettuce leaves with a little olive oil.

WAYS IN WHICH TO MAKE CURTAINS AND COMFORTS.

For a bedroom sash curtains of crepe are pretty and practical. This material hangs well and needs no ironing. The overhanging may be made of gray-blue gingham, stenciled in a convenient design in dark blue.

To facilitate the work of trying comforts or of embroidering have several needles threaded at the same time and laid within reach.

Blankets too short for a bed may be made longer by sewing to them at one end a strip of unbleached sheeting the width of the blanket.

Use the end so lengthened for the lower end of the bed and tuck the sheeting well under the mattress. This plan will allow for extra covering over the shoulders.

RAIDER CAPTAINS SWAP YARNS AFTER GREETING

Newport News, Va., April 11.—One of the most interesting incidents on board the Krong Prinz Wilhelm this afternoon was the meeting of Captain Thierfeldt of that ship and Captain Thierichens of the cruiser Prinz Eitel, whose vessel is now interned at the Norfolk navy yard. When Captain Thierichens ran up the ladder and met Captain Thierfeldt, the men embraced fondly and there was considerable show of feeling in their exchange of greetings.

Captain Thierichens was accompanied by some of his staff officers and the occasion was made a happy reunion. During the afternoon a number of sailors from the Prinz Eitel came aboard the Wilhelm and were received with open arms by the new-thirsty members of the raider's crew. None of them had heard any news from home for eight months and they knew but little of the war.

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ITALIANS FAVOR ENTERING WAR

Rome, April 11.—There was a general demonstration in favor of war with Austria in all the important Italian cities today. The government's precautions had been so thoroughly taken, however, that at no place did any of the leaders succeed in addressing their followers. The gathering crowds were dispersed by mounted troops, who charged roughshod into their midst and by police who were provided with heavy clubs. Many persons were injured and many were arrested.

The demonstrations took place at Milan, where it was feared the spirit of the people, as displayed during the day, would result in very serious outbreaks by night; at Bologna, where the greatest enthusiasm was shown for war with Austria, and at Naples, where General Ricciotti Garibaldi managed to get out a few words before a troop of cavalry drove into the mob and forced it to scatter; at Ancona, Florence, Venice and other places.

The bakeries at Trieste have been forced to close their doors because they cannot obtain supplies of flour; says a dispatch from that place today. When flour the bakers had left from their own supplies has greatly deteriorated because of excessive dampness. Furthermore, the supply of cornmeal is exhausted and the lower classes are now forced to go without bread.

The supply of beef is also very low, owing to the fact that the military authorities have requisitioned all available oxen and there is practically no milk to be had. Infant mortality is, consequently, increasing at an alarming rate, and the citizens are becoming very indignant over the government's neglect of their welfare.

The charitable institutions are practically without funds and the free soup kitchens and bread depots have had to be discontinued. A famine is threatening by no means, but the situation is apparently without remedy. The authorities are encouraging all who can to leave the city and many well-to-do citizens are coming to Italy.

MRS. N. E. FARR BURIED SUNDAY

The funeral of Mrs. Nicoline E. Farr was held in the Fourth ward meeting house yesterday afternoon with Bishop E. A. Olsen presiding. Many friends of the pioneer mother and her family attended the service and the bier and chancel rail were almost hidden under tributes of beautiful flowers. The musical numbers were rendered as follows: Duet, "My Father Knows," Orson Griffin and Alta Leilsson; solo, "The Link Divine," Douglas Brian; solo, "One Sweetly, Solemn Thought," Orson Shorten; solo, "Mother Dear," Orson Griffin; mixed quartet, "Consolation," and "Face to Face," Mrs. Emma Lindquist, Alta Neilsson, Orson Griffin and William Purdy.

The speakers were Apostles George A. Smith and David O. McKay, President John V. Bluth and Bishop Olsen, and each one eulogized the life of the deceased as having been one of blessing to her family and the community. The interment was in the city cemetery and the grave was dedicated by Bishop's Counselor Thomas Farr.

Read the Classified Ads.

TWO OUT OF HELL; NO TORMENT THERE

The Bible Hell Not the Hell of Theology.

Jonah's Escape From Hell—Jesus Was Delivered From Hell—Everybody Goes to the Bible Hell—Jesus Redeemed All From It—Hence All Are to Come Out of It—The Rich Man and Lazarus—A Parable or a Narrative?—Unreasonable as a Statement of Facts—Reasonable as a Parable.



PASTOR RUSSELL

Boston, April 11.—Pastor Russell spoke here today. We report his discourse on Luke 16:23, "In Hell he lifted up his eyes."

By way of introduction the Pastor explained that the Old Testament tells us that at death all mankind go to Sheol—the tomb; and that the New Testament tells the same story, using the Greek word Hades as the equivalent of the Hebrew Sheol; but that in modern translations of the Bible difficulty is encountered. Nearly all modern translations have been made within the last five centuries. For thirteen centuries before, the Bible had been little known.

When Bible study revived, the errors which had crept in were so entrenched in men's minds that the translators of the Bible unconsciously gave little twists in their endeavor to have it say what they thought it meant. Only when it was possible to translate the word Sheol as Hell did they give its true meaning—the tomb. But do their best, they could not translate only less than half the whole number of its occurrences. The Revised Version retains the words Sheol and Hades, leaving the reader to discover their meaning.

Two Escape From Hell.

The Pastor then told of several who escaped from Hell. The Prophet Jonah was in the fish's belly for parts of three days. He calls it his tomb-belly, a sheol-belly. Jesus tells us that Jonah's experiences typified His own—that as Jonah was in the sheol-belly of the fish, so Jesus would be in the sheol of earth. St. Peter shows that this was prophesied of Jesus, saying, "Thou wilt not leave My soul in Hades"—the tomb. He declares that God fulfilled this by raising Jesus from the dead—Acts 2:27.

Whoever gets the proper focus will see that all, good and bad, go down to the tomb—Sheol, Hades, called in our Bibles Hell. The Scriptures distinctly tell that "the dead know not anything"; that "there is neither wisdom, nor knowledge, nor device, in Sheol, whither thou goest"—whither all go; that "the wages of sin is death"; and that "the soul that sinneth shall die." There is nothing in the Bible for the commonly accepted thought that those who die go to Heaven or Purgatory or eternal torment. In this connection the speaker carefully explained that the term Gehenna, also translated Hell, is a Scripture symbol of the Second Death.

The Rich Man In Hell.

The remainder of the discourse was a very reasonable interpretation of the parable of The Rich Man and Lazarus. The Pastor holds that the story is a parable, not a literal statement. He considers it unreasonable to suppose that, without a word being said as to his character, a man should be rewarded eternally simply because he was well-fed and well-dressed; or, on the other hand, that sores and destitution are qualifications for Heaven.

He then suggested that the Rich Man represents the Jewish nation, rich in Divine promises. Their spiritual table was bountifully supplied. To them belonged the promises of the Kingdom, represented by the purple of royalty. Theirs was the "fine linen" of typical justification, accomplished on their annual Atonement Day. In A. D. 70, the Jewish nation died, and ever since has been very much alive and have suffered many things, especially amongst professed Christians of the Tare class.

Lazarus represents Gentiles who desired God's favor, but were "aliens from the commonwealth of Israel." They had no table of Divine blessings, no promise of royalty, no white linen of typical justification. These things belonged to the Jew exclusively until his national rejection and the subsequent receiving of the Gentiles.

As the Jew died to His favor, so the Gentile died to His disfavor. As angels carried Lazarus to Abraham's bosom, so the early Jewish Church, God's messengers, received believing Gentiles into full fellowship as brethren. Thus figuratively Lazarus was taken into Abraham's bosom—treated as his child.—Galatians 3:8, 16, 29.

The Rich Man represented two tribes—Judah and Benjamin. In the same proportion the five brethren would represent the other ten tribes. That only Israelites could be meant is shown in the statement, "They have Moses and the Prophets." The Gentiles had them not. The name "dogs" Jews commonly gave to Gentiles. See Mark 7:26, 29.

Who cannot see in this beautiful parable a teaching in full harmony with God's Wisdom, Justice, Love and Power? May our understanding open wide to a true knowledge of God's Word! Send me a post-card for a free booklet.

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VILLA CLAIMS TO HAVE WON FIGHT

Washington, April 11.—General Villa telegraphed his agency here tonight that he has informed General Obregon that he proposes to bombard Celaya, in which Obregon is cooped up, with sixty pieces of artillery.

Villa has also informed the agency that the German, English, American and French consuls from Guanajuato have gone to Celaya with a message from him to Obregon, saying that he must come out in the open and fight or allow the resident families in Celaya to leave the city.

The dispatches to the agency say that Villa is informed that after the battle at Irapuato, six trainloads of wounded Carranzistas were taken from Celaya to Queretaro. Wholesale desertions from Obregon are also reported to the agency.

The confidential agency of General Villa at Washington received a message tonight from Diaz Lombardo, Obregon's secretary of state, in which the annihilation of Obregon's forces at Irapuato is predicted.

Lombardo transmits the dispatches from General Villa as follows: "We have defeated the enemy. The situation could not be better. The forces of Obregon are leaving Celaya in order to avoid further fighting. The annihilation of the enemy is now certain. Our troops are pursuing the enemy incessantly."

Different Story Told. Eliseo Arredondo, the agent of Carranza, also gave out dispatches from Mexico tonight in which he claims the defeat of Villa at Irapuato and at several other places in Mexico.

The agency makes public a report from Manzanillo, which says: "Reports from Michoacan and Jalisco confirm previous news of Villista defeats in the vicinity of Irapuato. General Dizez and General Sanchez, who were at La Piedad, in the state of Michoacan, have recently engaged the Villa troops near Irapuato with success."

The agency also claims successes over Villa at Laredo, Matamoros and Las Rosas. It is also stated by the agency that "persons in the Villa territory who are caught with compromising correspondence are taken out and shot."

TRENCHES TAKEN BY THE GERMANS

Paris, April 11, via London, 11:45 a. m.—The following official communication was issued by the French war office tonight: "To the north of Albert, the Germans during the course of Saturday night delivered an attack on the two banks of the Ancre river against our trenches at Hamel and in the Thierpval wood, but they were repulsed after hand-to-hand fighting."

"In the Argonne, the fighting developed into a very sharp struggle, lasting all night and we demolished a blockhouse and captured about 300 yards of a trench. We have maintained our gain notwithstanding two German counter attacks."

"Between the Meuse and the Moselle no infantry action has been reported in the region of Les Eparges and Combrès since our success of April 9.

"In the Ailly wood an attack delivered on the evening of the tenth made us masters of a new line of trenches. At the Montmare wood the Germans succeeded during the night in recapturing the trenches which they had lost in the course of the day. The positions which we won on the 8th remain completely in our possession."

"In the forest of Le Pretre two violent counter attacks by the enemy melted away under our infantry and artillery fire.

"Our aeroplanes have dropped bombs on the maritime station and laundry at Bruges."

GREAT BRITAIN SENDS BIG ARMY

New York, April 11.—A British army of 1,100,000 strong has been transferred to France during the last six weeks, according to E. Thompson, Secretary of the Nationalist, who returned on the St. Louis from England today. They were shipped at Southampton and Portsmouth, and landed in Havre and Bordeaux. About half of this army is already at the front.

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Germany announces, however, the correspondent adds, "that she has decided to submit the question of justification to a prize court as soon as possible. Assurances are given in the German reply that there is no question of any change in the political attitude of Germany toward Holland."

FUTURE PEACE OF THE WORLD IS DISCUSSED. The Hague, April 11, via London, 11:10 p. m.—For three days there has been a private discussion of peace terms at a conference consisting of about thirty delegates from the United States, Holland, Germany, Austria-Hungary, Sweden, Norway, England, Belgium and Switzerland. The conference ended today with the drafting of a program for action in the various countries.

FRENCH STEAMER TORPEDOED IN THE ENGLISH CHANNEL. Plymouth, England, April 12.—The French steamer Frederic Franck was torpedoed off Start Point in the English channel Sunday, but was towed into Plymouth by government tugboats. No lives were lost.

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MORE NAMES ADDED TO CASUALTY LIST. London, April 11.—A further list is issued by the British war office today adds 1038 names to the list of British soldiers killed or wounded in the battle of Neuve Chapelle, France, last month. Of this number 317 men were

HIS PROFIT. "If I could get some one to invest a thousand pounds in that scheme of mine I could make some money." "How much could you make?" "Why, a thousand pounds."—Boston American.

FOUND THE REVERSE TRUE. His—Women are suspicious creatures! His—My experience is to the contrary. For instance, there's my wife, she's a woman and trusts me, while my grocer, who is a man, doesn't. Puck.